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Ms. Suma Sedhai (Nuwakot, Nepal) is a Lecturer of Population Studies and affiliated with the Central Department of Population Studies (CDPS), Tribhuvan University Kathmandu, Nepal. She has completed Master of Arts (MA) (2004: Received scholarship/funding from CRS Company) and M.Phil. (2012) in Population Studies from TU (Tribhuvan University) Kathmandu Nepal.

Her field of expertise is population, sexual and reproductive health, and has several publications on various aspects of population and health. She has participated and presented papers in various seminars, workshops, and conferences; also awarded as **the best** presenter (First National Population Conference 2014 Kathmandu, Nepal). She has about 14 years of teaching and research experience in TU and has been supervising MA theses\dissertation in population studies. She has been involved in several research projects conducted by the CDPS for the Ministry of Health and Population, Ministry of Women, Children, and Social Welfare FPAN, Nepal Red Cross Society, Save the Children Nepal as a research associate.

She is a Faculty Associate and Researcher in the CDPS. Her area of interest is Demography/ Population Studies, Reproductive Health, and Gender-Related Issues.